

Why? Low threshold work activities

Harri Ollinen

17.4.2025



WHAT IS LOW-THRESHOLD WORK ACTIVITY?

- Participation in low-threshold work activities is not compulsory
- Easily accessible, often in the context of a housing unit
- Low-threshold work activities are psycho-social rehabilitation related to housing and support as part of the activities of a housing unit



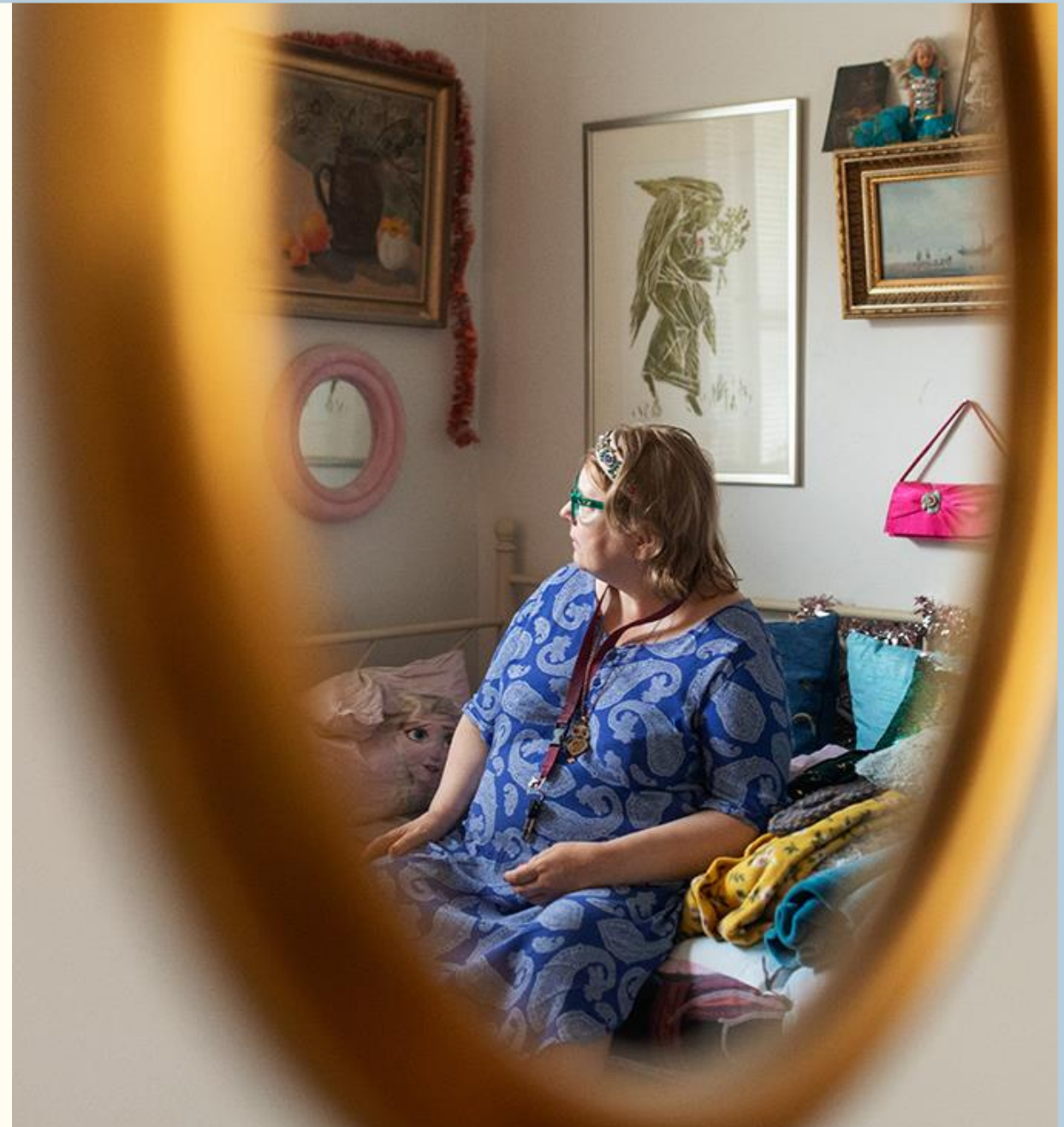
WHAT DOES LOW-THRESHOLD WORK AIM TO ACHIEVE?

- To provide meaningful activities for everyday life within the limits of one's own resources
- Learning new things
- Taking what you have learned into everyday life
- Peer companionship
- Promoting peer building
- Progress of the participant on his/her own path.



WHAT ARE THE ACTIONS NEEDED TO THE ACHIEVE THE TARGETS?

- Structured daily rhythm
- Discussing and experimenting work activities
- Both sides giving feedback
- All employees are part of the work activity
- Peers
- Art as part of work activities
- Opportunity to discuss issues in the community
- A safe space
- External activities (neighbourhood, partners...)



WHAT CAN A WORKER GET?

- The worker is a participant in the low-threshold work activity together with the participants
- Reflecting similar experiences
- Inspirer
- Ability to take on the role of learner and be redirected
- Provides options if the participant does not know what to do
- Helps participants to find solutions
- Setting limits
- Facilitate discussions



Y-Säätiö



Jotta
jokaisella
on koti



Jotta
jokaisella
on koti





Pathways to Engagement

Presentation by Your Name

NFXT



Made by ChatGPT for PowerPoint

What is it?

Define low-threshold work activities and their key features.

Low-threshold work activities are non-binding and easily accessible, often located within housing units. They represent psychosocial rehabilitation related to housing and support, forming part of the housing unit's operations.



Goals of Participation

Mielekäästä tekemistä arkeen omien voimavarojen puitteissa

The primary aim is to provide meaningful activities within the participant's resources.

Vertaisuutta

Fosters peer relationships and supports participants' progression on their individual paths.



Methods for Achieving Goals

Structured Daily Rhythm

Establishes a reliable daily routine to enhance participation.

Feedback Mechanisms

Encourages mutual feedback between participants and facilitators to improve engagement.

Integration of Arts

Incorporates creative activities to facilitate expression and connection.

Participant Benefits

The table outlines various benefits participants gain, emphasizing community engagement and personal development.

Benefit	Description
Yhteisöllisyys	Enhances a sense of community among participants.
Vertaistukea	Provides peer support systems.
Integroitumista yhteiskuntaan	Facilitates participants' integration into society.
Tarjoaa vaihtoehtoja	Offers alternatives to traditional activity models.

Role of Employees

Vertainen mutta lopullinen vastuu päätöksistä

Employees share responsibilities but retain ultimate decision-making authority.

Fasilitoida keskusteluja

Facilitates discussions and supports problem-solving among participants.



Conclusion

engagement, the focus lies on
benefits for individuals, and the
staff.

NFXT



Made by ChatGPT for PowerPoint

